

CERTIFICATE OF PARTICIPATION

This is to certify that

**Amanda van
Heerden**

Has successfully participated & completed the

5km Four Seasons @ the Cowhouse - Summer

held at Cowhouse Market.

TIME 01:33:05

PACE 18:36/km

GENDER 87 of 89

OVERALL 140 of 145

OPEN 49 of 50

26 January 2019, Sat

Date



BoutTime

Signature

